

STEP INTO THE SPOTLIGHT

GET KNOWN, ATTRACT CLIENTS *Academy*

90 DAY
GOAL SETTING
JOURNAL

One Year Business Goal

It is

By the end of 12 months from _____ in my business, I have accomplished:

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One Year Personal Goal

It is

By the end of 12 months from _____ in my personal life, I have accomplished:

One Year Goals

I earn	
I live	
I am with	
I enjoy	
I have let go of	
I invest my time in	
I feel passion for	
The emotions I choose are	
I choose	
I love	
I inspire	

90 Day Goals (Quarterly Breakdown)

Quarter #

1.
2.
3.
4.
5.
6.
7.
8.

90 Day Goals (Quarterly Breakdown)

Quarter #

1.
2.
3.
4.
5.
6.
7.
8.

90 Day Goals (Quarterly Breakdown)

Quarter #

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8.

90 Day Goals (Quarterly Breakdown)

Quarter #

1.
2.
3.
4.
5.
6.
7.
8.

Tasks to be completed in _____ (Month)	Date Completed

Tasks to be completed in _____ Month	Date Completed

Tasks to be completed in _____ Month	Date Completed

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Tasks to be completed in _____ Month	Date Completed

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